

## Insurance Waiver

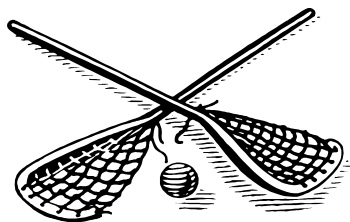
I, parent or guardian of \_\_\_\_\_ am familiar with the risks inherent in participation in the *Back of the Net Lacrosse Camp* activities. I hereby release Baltimore County Department of Recreation and Parks and the *Back of the Net Lacrosse Camp* for girls, its successors, assignees, officers, agents, and employees from any and all claims, demands, and causes of action whatsoever in any way resulting from participation in the camp.

I hereby authorize the director of Back of the Net Lacrosse Camp to act for me according to their best judgment in an emergency requiring medical attention.

Parent Name \_\_\_\_\_

Insurance Company \_\_\_\_\_

Policy Number \_\_\_\_\_



## Camp Philosophy:

This is the seventh year Head Women's Lacrosse Coach Mike Faith will be running the Back of the Net Lacrosse Camp. Coach Faith takes great pride and pleasure in teaching the game and skills of lacrosse. The camp is designed to challenge both the beginner and experienced player. Each camper will leave the camp more confident in their ability and with a stronger knowledge of the game. Through individual and group instruction, each camper will be encouraged to try new things, while emphasizing the basic skills needed to take her game to the next level. The campers will have fun and learn new skills through great instruction.

With a new combined approach of individual and group instruction, coupled with the availability of multiple fields, campers will be grouped by age and skill level. Camper to coach ratios will remain small at approximately 6 to 1.

**Back of the Net**

**Girls  
Lacrosse  
Camp**

**Date: August 3-7**

**Time: 6:00-8:15pm**

**Days: Monday-Friday**

**Place: Perry Hall Park**

**For Who: Girls ages 7-17**

**Perry Hall Park**

*Baltimore County Dept. Recreation  
and Parks and Perry Hall Rec.  
Council*

**For more information,**

**Contact Mike Faith at**

**443-827-0828**

**or [faithm@etown.edu](mailto:faithm@etown.edu)**



## Camp Staff

### **Mike Faith, Director**

Head Women's Lacrosse Coach,  
Elizabethtown College, 2004-Present

*Mike Faith is the Head Women's Lacrosse Coach at Elizabethtown College where in just five years, he has produced a Division III top 20 program. In his five years at Elizabethtown Coach Faith has developed 1 All American, 2 Conference Players of the Year and 18 All Conference Players. Named Coach of the Year in 2006 for the MAC Conference, Coach Faith has reached the conference tournament 4 times in five years. Before coming to Elizabethtown, he lead UMBC to Two conference tournaments in three years while serving as an Assistant Coach to the Division I program. As a college player, Coach Faith was an First Team All American midfielder and Team Captain at Salisbury University.*

### **Danielle Seling**

Assistant Women's Lacrosse Coach,  
Elizabethtown College, 2009-Present  
Danielle is the defensive coordinator for Elizabethtown College. She is a graduate of York College.

### **Jenifer High**

Head Varsity Lacrosse Coach,  
Perry Hall High, 2006-Present

*A former All American at Salisbury University. Jen is entering her fifth season as the Varsity Women's Lacrosse Coach at Perry Hall High School. In four years, she has been able to make a positive impact on Perry Hall's program.*

***Staff will also include former and***

## Camp Highlights

- All campers will receive a reversible jersey
- Fastest Shot Competition
- Exceptional Coaching Staff
- Small games and scrimmages
- Emphasis on creative Stickwork
- Individual Skill Development
- Small group sessions to work on pressure situations
- Recruiting talk to prepare college bound players
- Teach the basics of shooting, dodging, team defense and offensive movements
- Staff will include current and former collegiate players

### Daily Schedule

<b>6:00-6:15pm</b>	<b>Game/Stretch</b>
<b>6:15-6:30pm</b>	<b>Stick Work Drills</b>
<b>6:30-6:40pm</b>	<b>Advanced Stick Skills</b>
<b>6:40-6:55pm</b>	<b>Offensive Dodges</b>
<b>6:55-7:10pm</b>	<b>Stick Tricks</b>
<b>7:10-7:25pm</b>	<b>Shooting</b>
<b>7:25-7:35pm</b>	<b>Creative Conditioning</b>
<b>7:35-7:45pm</b>	<b>Small Group Work</b>
<b>7:45-8:10pm</b>	<b>Scrimmage</b>
<b>8:10-8:15pm</b>	<b>Review</b>

## Registration Form

Name: \_\_\_\_\_

Age: \_\_\_\_\_ Years of Experience \_\_\_\_\_

Address: \_\_\_\_\_

City \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone: (home) \_\_\_\_\_

(cell) \_\_\_\_\_

Emergency Contact-Relationship  
\_\_\_\_\_

Medical Conditions: \_\_\_\_\_  
\_\_\_\_\_

Cut and send registration form back by  
July 15, 2009

(walk ups welcome/reversibles limited)

*Please make **\$120.00** checks payable  
to:*

**Perry Hall Rec. Council (PHRC)**

Send them to:

9210 Sandra Park Road

Perry Hall, MD 21128

Please detach along the line